



Stroke Group Network Conference

Monday 10 – Tuesday 11 October 2022

Rebuilding lives after stroke

Stroke
Association

Housekeeping



Recruiting and retaining volunteers

Shazia Nazir, Self Help UK

Danielle Williams and **Anya Pratt**, Stroke Association

Stuart Church, Chesterfield Stroke Group

Judy King, Newbury Speakability Group

Self Help UK

- We **promote, support** and encourage Self Help **Groups**
- Self help groups = people with **first hand understanding** of a health issue
- We provide **tools** and **resources**



Volunteer Recruitment

- **Community & Voluntary Services**
- **Universities**
- **Indeed**
- **Posters**
- **Social media**
- **Community events and word of mouth**



Top Tips

- **Monitor** recruitment avenues
- Balance **flexible** verses
meaningful
- **Simple** recruitment **process**



Volunteer Retention

- **Induction** Process
- **Communications** Plan
- **Celebration** and Recognition
- Opportunities to **engage**
- Volunteer **support** and **training**
- **Flexible**



Top Tips!

- **One size does not fit all**
- **Demonstrate commitment**
- **Connect**



Support Group Volunteer Roles

- **Support Group** Volunteer
- **Online** Support Group Volunteer
- **Treasurer/Bookkeeper**
- **Driver**

Support Group Volunteer Roles

- Roles can be **flexed** to suit needs
- Be **specific** in the **responsibilities** you are looking for

Checklist to banking and accounting tasks

- Lists **all** financial **tasks**
- **Identifies** and **agrees** who is **responsible** for what
- Enables **delegation**
- **Takes pressure off** one person

Onboarding Volunteers

- **References**
- **ID** checks
- **Police** checks (for certain roles)
- **Trial** period

Important we do this for best practice

Essential training

- **Introduction** into the charity
- **GDPR**
- **Safeguarding**

Essential training

- **Health and Safety** for Groups
- **First aid** (face to face with St John Ambulance)
- **Finances**
- **Driver safety** tips
- **Stroke specific** information too